



Relationship and Sex Education (RSE) Policy

Newbury Academy Trust

March 2018

Relationship and Sex Education Policy

1. Introduction

- 1.1. “Academy”, “Academy Trust” all refer to Newbury Academy Trust, Love Lane, Newbury, Berkshire, RG14 2DU. School refers to one of the three schools within the Newbury Academy Trust, Trinity School, Love Lane, Newbury, Berkshire, RG14 2DU; Fir Tree School, Fir Tree Lane, Newbury, Berkshire, RG14 2RA; Speenhamland School, Pelican Lane, Newbury, Berkshire, RG14 1NU.
- 1.2. The term Governor refers to both Full Governing Body Trustees and Local Governing Body Governors.
- 1.3. This policy was developed in response to Sex and Relationship Education Guidance DfES 2000 and National Healthy Schools Programme.

2. Sex Education

- 2.1. RSE is lifelong learning about physical, sexual, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care, for family life. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.
- 2.2. Legislation requires schools to present, to all students, a programme of sex education which must encourage students to have regard to moral considerations and the value of family life. It also emphasises that parents have the right to withdraw their child from all or part of sex education, save that which is demanded by the school curriculum.
- 2.3. Trinity has always placed great importance on appropriate sex education, with a moral framework, carefully matched to students' maturity. The fact that no request has been made for a student to be excused from sex education is an indication of the sensitive manner in which the matter is handled.

3. Principles and Values

- 3.1. In addition, Trinity School believes that RSE should:
 - Be an integral part of the lifelong learning process, beginning in early childhood and continue into adult life.
 - Be an entitlement for all young people
 - Encourage every student to contribute to make our community and aims to support each individual as they grow and learn.
 - Be set within this wider school context and supports family commitment and love, respect and affection, knowledge and openness. Family is a broad concept; not just one model, e.g. nuclear family. It includes a variety of types of family structure, and acceptance of different approaches.
 - Encourage students and teachers to share and respect each other's views.
 - Generate an atmosphere where questions and discussion on sexual matters can take place without any stigma or embarrassment.

- Recognise that parents are the key people in teaching their children about sex, relationships and growing up. We aim to work in partnership with parents and students.
- Recognise that the wider community has much to offer and we work in partnership with health professionals, social workers, peer educators and other mentors or advisers. We host a drop-in group weekly run by youth workers to promote health and healthy relationships.

Relationship and Sex Education in this school has three main elements:

4. Attitudes and Values

- learning the importance of values, individual conscience and moral choices;
- learning the value of family life, stable and loving relationships, and marriage;
- learning about the nurture of children;
- learning the value of respect, love and care;
- exploring, considering and understanding moral dilemmas;
- developing critical thinking as part of decision-making
- challenging myths, misconceptions and false assumptions about normal behaviour.

5. Personal and Social Skills

- learning to manage emotions and relationships confidently and sensitively;
- developing self-respect and empathy for others;
- learning to make choices with an absence of prejudice;
- developing an appreciation of the consequences of choices made;
- managing conflict;
- empower students with the skills to be able to avoid inappropriate pressures or advances (both as exploited or exploiter)

6. Knowledge and Understanding

- learning and understanding physical development at appropriate stages;
- understanding human sexuality, reproduction, sexual health, emotions and relationships;
- learning about contraception and the range of local and national sexual health advice, contraception and support services;
- learning the reasons for delaying sexual activity, and the benefits to be gained from such delay;
- the avoidance of unplanned pregnancy.

7. Organisation and Content of Relationship and Sex Education

- 7.1. Sex Education is delivered largely through the Personal, Social and Health Education programme in each year group. Some topics are covered as part of the National Curriculum in Science, Religious Studies and English and some of the PSHE curriculum is delivered within drama.

8. Confidentiality, Controversial and Sensitive Issues

8.1. Teachers cannot offer unconditional confidentiality. In a case where a teacher learns from an under 16-year-old that he/she are having or contemplating sexual intercourse:

- The teacher will inform the Pastoral Deputy Head or second designated person.
- The young person will be persuaded, wherever possible, to talk to parent/carer and if necessary to seek medical advice. If they cannot be persuaded, the school will contact the parents.
- Child protection issues will be considered, and referred if necessary to the CAAS (Contact Advice Assessment Service) team.
- The young person will be referred to the Head of House who will ensure counselling about contraception, including precise information about where young people can access contraception and advice services.
- The school will ensure the student is kept fully informed of all the actions taken, where necessary and appropriate.

9. Monitoring and Evaluation of Relationship and Sex Education

9.1. It is the responsibility of the Pastoral Deputy Head to oversee and organise the monitoring and evaluation of PSHE, in the context of the overall school plans for monitoring the quality of teaching and learning.

9.2. The Governing Body is responsible for overseeing and reviewing and organising the revision of the Relationship and Sex Education Policy.

Authorised by	Resolution of the Board of Trustees
Date	14 th March 2018
Effective Date of the Policy	14 th March 2018
Effective Date for Review	March 2020